

# TRUST

## Matters

Issue 30 • February 2007

• Contact us at: [trustmatters@smhp.nhs.uk](mailto:trustmatters@smhp.nhs.uk) • Online: [www.smhp.nhs.uk/trustmatters](http://www.smhp.nhs.uk/trustmatters)



**Neil McKay, Chief Executive,  
East of England Strategic**

## Health Authority [SHA] - Interview

No-one working in the NHS across the east of England needs reminding that the health service is going through a period of enormous change, but I would like to reassure everyone that we now have a clearer vision of strong, viable health services for years ahead.

We have all heard how higher levels of investment in recent years has led to improvements in a number of areas; how waiting times are down, cancer treatment times are down and so on, but there has also been significant upheaval for many staff across the region.

Reorganisation of Primary Care Trusts and Strategic Health Authorities following Commissioning a patient-led NHS, a poor financial situation in many areas and a range of changes to the way we work – coupled with myriad changes to the day-to-day lives of almost everyone – have all had an impact.

This period of change has not been easy, and I am not shying away from the fact that we still face considerable pressures, not least in terms of getting the health economy's finances back on track. However, I sincerely believe that we are in the process of

creating a modern, sustainable health service that we can all be proud of.

The most important people in delivering change within the local NHS are those with the best knowledge of how it works and where it can be improved. One thing that has struck me since taking up the post of chief executive is the vast knowledge of staff across the eastern region. This knowledge has already formed the basis for change in a number of areas, and it will continue to inform the change agenda.

The SHA is looking at new ways to involve people at all levels, in all NHS organisations across the region, in determining how we create a health service that is fit for purpose and that people can feel proud to work for.

Also, where decisions have already been made about the way services should look we need the full cooperation of staff to ensure both clinical quality and to achieve truly excellent services.

Uncertainty breeds concern, which is why I would like to see changes happen as speedily as possible where they are needed. In some areas, this is progressing well;

we are seeing well thought-through plans being implemented and some real improvements to frontline services.

I have also been impressed by the strength of the relationship between clinicians and managers; there are some really good examples of doctors working with managers to improve services, of Trusts working closely with GPs to enable even greater success and of staff at all levels making a commitment to providing better services in their area of expertise.

I know this has often been difficult in a time of change, but I believe that we are now on a clear path. Development of hospital services now has a clear direction following the publication of 'Looking to the future – development of hospital services in the east of England'. This review will provide recommendations for high-quality services, with the best possible clinical outcomes, services that will provide a good working environment for all NHS staff in the region for decades to come.

For more information about the SHA go to the website [www.eoe.nhs.uk](http://www.eoe.nhs.uk)

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### £1000 donation helps support activities for service users.

A very generous donation of £1000 towards the purchase of a kiln has been gratefully received on behalf of the Occupational Therapy Department at Wedgwood House.

The benefactors do not wish to be named but we thank them very much for this gift which will support therapeutic work with service users.

## Trust Matters Feedback

We have now published nine issues of Trust Matters in this format. The Editorial Team would like to find out what you think of Trust Matters and if there are any ways of making it even better and more relevant. Only by knowing what you want can we make it better for you!

Please take the time to fill out the online questionnaire <https://www.eastern.nhs.uk/scripts/survey/TakeSurvey.asp?SurveyID=3K1453KM2m73G> or copy a printed version sent out with this issue. We will report the results of the survey in a future issue and consider the changes required.

Please return the Questionnaire by 19 March, 2007.



# Count Me In Census 2007

Many of you were involved in the 2006 Census and will be aware of the process. The **Count Me In Census 2007** is the third of a five year Department of Health plan to improving mental health and learning disability services for black and minority ethnic communities, as described in **Delivering Race Equality** [Department of Health, January 2005].

Results for the 2006 Census can be seen on:

[www.healthcarecommission.org.uk/NewsAndEvents/PressReleases/PressReleasesDetail/fs/en](http://www.healthcarecommission.org.uk/NewsAndEvents/PressReleases/PressReleasesDetail/fs/en)

The **Healthcare Commission** has overall responsibility for the Census, with the **Mental Health Act Commission** [MHAC] and the **National Institute for Mental Health in England** [NIMHE] managing will support the development of standards against which assessment, inspection and monitoring of services can take place.

**The 2007 Census will take place at midnight on 30 March.**

All NHS mental health, learning disability and independent providers will collect data, including ethnicity, language, religion, disability, sexual orientation and service type.

The aims of the Census are:

- to obtain robust figures of all in-patients (informal and detained patients) using mental health and learning disability in-patient services on 30 March 2007 and used to compare service provisions since March 2006
- to encourage all mental health and learning disability service providers to have accurate and comprehensive sustainable ethnic monitoring and ethnic record keeping procedures in place to provide accurate ethnicity data
- to provide information to provide practical steps to achieve the government's five year plan to tackle discrimination in mental health services (**Delivering Race Equality**) and within services as a whole.

Service areas included in the Census are: Child & adolescent mental health services, Adult Services, Older people mental health services, specialist services – eg. for deaf people with mental health problems, substances misuse, brain injury units, forensic, learning disability and Section 17 leave on 30 March 2007 at midnight.

Census data and other equality and diversity information currently being collected will help the Trust to be able to take steps towards tackling inequalities in service provisions.

Some changes have been made to the data to be collected. Information about the Census will be available on the Equality & Diversity intranet website. [www.eastern.nhs.uk/scripts/index.asp?pid=17192&id=66450](http://www.eastern.nhs.uk/scripts/index.asp?pid=17192&id=66450)

Contact Sujata if you need more information or to arrange a meeting. **Sujata Gathani**, Equality & Diversity Lead  
Tel: 01473 329476 [sujata.gathani@smhp.nhs.uk](mailto:sujata.gathani@smhp.nhs.uk)

## Mental Health Service User Survey 2007

The Annual National survey will start this month. Questionnaires will be sent to a sample of 850 adults who are registered on the Trust's CPA [Care Programme Approach]. The sample will be drawn from a list of those people who used services during the period September – November 2006.

As last year the survey will include people over 65 years of age. Service users are being asked about various aspects of their experiences including:

- their care and treatment,
- relationships with health professionals,
- medications,
- their care plan,
- crisis care.

If service users contact you about the survey, please encourage them to complete and return it. A free phone helpline is available if they need help in completing the survey. For people who do not have English as their first language they will also be able to contact an interpreter on a free phone number.

A copy of the survey letter and questionnaire is on the intranet site in the "Service user and carer involvement" section.

The 2006 survey report is available on the Trust website [www.smhp.nhs.uk](http://www.smhp.nhs.uk) under "Documents". The Trust is using the results to improve services by for example developing service user information, influencing CPA training, ensuring service users have information about medications and side effects.

The survey is part of the national programme led by the Healthcare Commission. The results will be used to help the Trust to highlight areas where we perform well and to identify the areas where there is most room for improvement. The results will also provide performance indicators for the annual health check to be published later this year.

For more information please contact Carol Johnson, PPI Manager Tel: 01473 329148 or email: [carol.johnson@smhp.nhs.uk](mailto:carol.johnson@smhp.nhs.uk).



SMHPT  
supports...



Inpatient services	Workforce Development	Corporate services	Substance misuse
Community services	Specialist community services	CAMHS	Criminal justice

## OUTLINE BUSINESS CASE [OBC]

The work being carried on the OBC continues to focus on the acute hospital site options.

Positive discussions took place between Ipswich Hospital and West Suffolk Hospital staff on 30 January, where we shared with them the possible maximum and minimum service floor areas we may wish to place on the acute hospital sites. No decisions were made, as there were several options to consider, it did open up potential opportunities and benefits in terms of clinical synergy and shared support functions.

The final decisions for all options will continue to be based on the previously agreed criteria:

- Clinically appropriate
- Support positive user/family carer experience
- Physically achievable
- Cost effective and affordable

The three trusts have agreed to take forward a piece of work that considers the service and financial benefits of closer working. The final OBC document will include the revenue affects from locating

mental health services on the two acute hospital trust sites. Discussions with the Strategic Health Authority have resulted in a Trust decision to re-write part of the OBC document, to include the new acute hospital options. The Programme Executive has now agreed to submit the OBC to the Trust Board, Primary Care Trust and Acute Trusts in April 2007. Assuming support and commissioner intention is confirmed, the Trust intends to submit the final OBC to Strategic Health Authority in May or June 2007.

## MODERNISATION WORK STREAMS

Most of the work stream groups have met and are now working through their project objectives. Some have drafted their operational policies; others are still working on their county wide models.

Recruitment is about to start to the

Link Worker Service and the Suffolk Early Intervention in Psychosis Service [SEIPS].

A work stream for Learning Disabilities [LD] is being considered and is likely to be launched next month, meanwhile there have been

representatives identified from the LD directorate to join the mental health work streams.

For more information contact your line manager or The Modernisation Programme, Project Office, Suffolk House. Tel: 01473 329774.

### East Anglia Eating Disorders Network [EAEDnet] 3rd Annual Training Conference 22 June 2007 9.30am – 3.45pm Ipswich Town Football Club

Arrangements are well underway for the 2007 event. This will provide an opportunity for people from across the Eastern Region who are interested in Eating Disorders, to come together to:

- **network,**
- **listen to key note speeches from experts in this field and**
- **participate in workshops on a variety of related subjects.**

The focus of the EAEDnet Conference 2007 is around working with children and adolescents and consent issues.

#### Feedback from the 2006 Conference included:

*"Interesting. Informative. Interactive." "Stunning content: wanting to know more at the end."*  
*"Engaging. Everyone shared own knowledge and experience"*

If you don't see a flyer for the Conference please contact:

Sara Hyde [Business Manager], Education and Workforce Development  
Tel No: 01473 329286 Fax: 01473 329016 email [sara.hyde@smhp.nhs.uk](mailto:sara.hyde@smhp.nhs.uk)

# Centrepiece

## THE HEALTH CARE COMMISSION AND THE ANNUAL HEALTH CHECK



We continue our whistle-stop view of each domain, giving you general information, useful links and a guide to how we are performing.

So far we have examined how the 24 core standards are grouped with seven domains:

- safety
- clinical and cost effectiveness
- governance
- patient focus
- accessible and responsive care
- care environment and amenities
- public health.

### THIRD DOMAIN – GOVERNANCE

This domain looks at the Trust's managerial and clinical leadership and accountability. It also looks at how the Trust's culture, systems and working practices ensure that quality assurance and patient safety are central components of all activities.

**But what does this mean and what does that have to do with me?**

Well the Core standards in the **governance** domain looks at how staff within the Trust:

- apply principles of sound clinical and corporate governance
- undertake risk assessment and risk management
- use resources economically, efficiently and effectively
- manage finances
- meet the existing performance targets
- raise concerns without prejudice
- undertake personal development programmes
- manage records
- undertake appropriate employment checks
- abide by published codes of conduct
- are appropriately recruited, trained and qualified
- participate in mandatory training programmes
- participate in further development
- apply the principles of research governance.

### IS SMHPT COMPLIANT IN THESE STANDARDS?

For 2005-06 following a self assessment of the Trust, the Board agreed we are compliant to the standards, and this was confirmed in the Healthcare Commission award of a fair standard on quality of services.

But we have to maintain these standards on an ongoing basis.

### WHAT CAN I DO?

Be aware of the work of the six

governance groups:

- Research
- Estates Environmental, Health & Safety
- Service Clinical
- Complaints & Compliments
- Information
- Workforce

**Know** who represents you and be aware of what they are discussing.

**Understand** your professional responsibilities.

**Ensure** you link into the Trust supervision and appraisal process and staff pathways process.

**Prepare** yourself and your team for the annual health check - you must know that:

- It is all staffs' responsibility to ensure that our Trust is meeting good standards of performance.
- Staff should check their area's performance against core standards and develop an improvement plan.

### In addition:

Remember you should be able to identify your practice to the 24 core standards. **Read 'Assessment for improvement - the annual health check: measuring what matters'**

John Cullum,  
Annual Health Check Co-ordinator.

## Clinical Audit

The Trust wide annual clinical audit plan for 2007 includes participation in the following national audits:

- Audit of Suicides – a review of all suicides and open verdicts which occurred during 2006 to determine the level of contact with services prior to suicide
- Audit of record keeping against the 'Revised core standards for all patient/client/user records'
- National audit of violence – to re-audit against Healthcare Commission standards to improve the safety and quality of in-patient and residential services

- Re-audit of high dose and combination prescribing of antipsychotics on adult acute inpatient wards
- Audit of high dose and combination prescribing of antipsychotics on adult Forensic acute inpatient wards
- Audit on the prescribing of anti-dementia drugs

Clinical audits which are a local priority will be added at a later date.

The report on the 2005 audit on suicides is available on the Centre for Service Excellence website along with other completed audit reports  
<http://www.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/ClinicalAudit/>



[Completed Audit Reports/Report of the Suicide Audit 2005.pdf](#)

Janet Roper  
Clinical Effectiveness & Audit Advisor

## Dealing with the Coroner

The Trust frequently finds itself dealing with the Coroner following the death of a patient, or recently discharged patient. The Coroner, who is an independent judicial officer holding office under the Crown, has the duty to hold an inquest into a death occurring in certain circumstances for example where a doctor cannot give a proper certificate of death, or where a death occurs during an operation,

is due to an industrial disease, was unnatural or due to violence or took place in suspicious circumstances. The Coroner, who is usually a lawyer but who may be a doctor (or be both), has to decide who the deceased was, and how, where and when they came by their death. The Coroner will usually start by requesting reports or witness statements from persons with knowledge of the deceased and this is usually where the Trust is involved. Previously the Consultant in charge of a patient's care was asked for a report but increasingly, as care moves into community settings, other staff, e.g. care-co-ordinators are also being asked for reports for the Coroner.

Requests for reports for the Coroner are usually dealt with via my office and guidance on the role of the Coroner and what to include in reports is available on the Centre for Service Excellence website at: <http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/LegalServices/PreparingforaCoronersInquest.doc>.

I am always happy to talk through what is required in any given case if you are asked to provide a report.

Once the Coroner is in receipt of the evidence he has requested he has to decide whether to hold a public inquest (involving the calling of witnesses to give evidence in public) or whether he can conclude the case on a documentary basis. Where Trust staff are to be called as witnesses this will be dealt with via my office and support is available to these staff.

Following each inquest the Coroner will issue a verdict. Common verdicts are: unlawful killing, suicide, accident or misadventure, lawful killing (e.g. in self-defence) or "open" where the evidence is inconclusive. Increasingly it is becoming more common for Coroners to issue "narrative" verdicts which describe the circumstances leading up to the death.

The coronial system is one of the oldest judicial systems still in existence, possibly dating from the time of King Alfred (c900) but certainly dating from 1194 when records began to be maintained.

In June last year the Government published its draft Coroners Bill heralding a major reform of the system. Introduced partially as a response to

the findings of the Shipman Enquiry, the Bill seeks to replace the current system of largely part-time Coroners in England and Wales (about 120 at present) with 65 new full time appointments. There is a proposal to appoint a Chief Coroner to oversee the system and to whom anyone dissatisfied with the outcome of an inquest could appeal. Coroners will be given new enhanced powers to carry out more effective investigations. The draft bill currently before Parliament can be found at <http://www.dca.gov.uk/legist/coronersreform.htm>.

Another aim of the proposed reforms is to give bereaved persons more influence in Coroner's investigations. It remains to be seen what effect this will have on the numbers of times Trust staff are asked to provide reports.

If you find yourself in a position where you are providing support to bereaved persons a useful resource is available at: [http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT\\_ID=4139006&chk=hB9GCa](http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4139006&chk=hB9GCa) where you will find the new DoH publication "Help is at hand".

**David Rollinson**  
Complaints & Legal Services Manager



## Did You Know?

### useful information and updates

#### • New Policies:

**HR34 - Practice Placement**  
[http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/HumanResourcesPolicies/PracticePlacementPolicy\(HR34\).pdf](http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/HumanResourcesPolicies/PracticePlacementPolicy(HR34).pdf)

**HR35 - Management Supervision**  
[http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/HumanResourcesPolicies/ManagementSupervisionPolicy\(HR35\).PDF](http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/HumanResourcesPolicies/ManagementSupervisionPolicy(HR35).PDF)

#### • Revised Policies:

**RM8 - Lone Worker**  
[http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/RiskManagementPolicies/LoneWorkingPolicy\(RM8\).pdf](http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/RiskManagementPolicies/LoneWorkingPolicy(RM8).pdf)

**CL4 - Transfer from CAMHS to Adult**  
[http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/ClinicalPolicies/TransitionCAMHStoAMH\(CL4\).pdf](http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/TrustPolicies/ClinicalPolicies/TransitionCAMHStoAMH(CL4).pdf)

'Clostridium difficile information sheet for staff, patients and carers'  
<http://nwww.eastern.nhs.uk/Suffolk/SMHP/TrustWideServices/CentreforServiceExcellence/InfectionControl/InformationTemplates/ClostridiumDifficileFactsheet.pdf>

### Key contacts

**Lisa Llewelyn**, Head of the Centre for Service Excellence  
Tel: 01473 329 549

**David Rollinson**, Complaints and Legal Services Manager  
Tel: 01473 329 607

**Val Dutton**, Risk Manager  
Tel: 01473 329 604

**Janet Roper**, Clinical Audit and Effectiveness Advisor  
Tel: 01473 329 412

**Sara Fletcher**, Senior Nurse Infection Control  
Tel: 01473 329 841

Contact details for the whole team are available on <http://nwww.eastern.nhs.uk/scripts/index.asp?pid=21658&id=48298>

# Running for Action Medical Research and MIND 27 April

Laura Head and Sati Sembhi, Consultant Psychiatrists, are participating in the **Flora London Marathon**. They are both running for charities which are relevant to the mental health field. They train during the week on the St Clements site with other staff members after work – anyone else is welcome to join the group.

Laura is running for Action Medical Research. *"I aim to complete the marathon in 5 hours. My fundraising target is £1500. Sponsorship can be made via my website [www.action.org.uk/~laura](http://www.action.org.uk/~laura)"*

Sati is running for MIND. *"I'm aiming to complete the course in 4.5 hours and my fundraising target is £1600. You can make contributions via my website: [www.justgiving.com/sati](http://www.justgiving.com/sati)"*

## Service Manager for Substance Misuse Services [SMS]

Lee Harnden will be joining the Trust for a six month secondment from 1 March 2007, to the above post. He is joining us from the National Treatment Agency.

He will be the line manager for four SMS services: The Junction, START [Drug Intervention Project], Community Drug Team and West Suffolk Drug Advisory Service. He will also be a key advisor to the Trust on SMS issues. Lee will be based at Suffolk House, St Clements, Ipswich.

# Trust's link with Probation Service – sharing good practice

Ipswich is home to two of the Probation Services Approved Premises. These house male residents who are:

- in need of accommodation following release from prison,
- on bail from the Courts or
- on probation and in emergency need of accommodation.

The remit of the approved premises is to house those offenders who pose a high risk of harm to the public. These are often those who have committed a violent or sexual offence.

The Trust's Criminal Justice Mental Health Team offers a service of nursing assessment and follow-up to both hostels. Referrals are received from hostel staff, via the Multi-Agency Public Protection Arrangements or from Probation Officers. If a person known to mental health services is housed at the hostels referrals may come from a psychiatrist, prison in-reach worker or other mental health worker.

Many of the referrals made are for primary mental health care issues, such as anxiety or depression. These will often be dealt with by referring residents to appropriate services e.g. GP, counselling services, drug agencies. For some residents follow-up appointments will be made in order for discussion to

take place regarding issues such as managing depression or anxiety.

Some of the residents will have severe and enduring mental illness e.g. schizophrenia or bipolar affective disorder. For these residents the Care Programme Approach will be used. If there is no current Care Co-ordinator this will usually become the role of a member of the Criminal Justice Mental Health Team.

As well as assessing, treating and monitoring, work with this client group will involve looking at how a person's mental health may impact on offending behaviour and how this can be addressed. Liaison and communication with other agencies, especially the Probation Service, is of the utmost importance.

Managing risk is a high priority for the Probation Service and part of the role of the Criminal Justice Mental Health Team is to assist the approved premises in assessing this in those residents with mental health problems.

The relationship between Approved Premises staff and the Criminal Justice Mental Health Team is currently a strong one. This needs to be maintained in order to offer a quality service to both clients and the Probation Service.

If you want to find out more about the service contact:  
Karen Clements, Criminal Justice Mental Health Services Manager  
Tel: 01473 329063  
email [karen.clements@smhp.nhs.uk](mailto:karen.clements@smhp.nhs.uk)

## – Sad death of our colleague –

Neil Foster, Manager of the Haverhill Community Mental Health Team [CMHT] and Approved Social Worker [ASW] Lead Manager for West Suffolk, passed away in October 2006 following a period of illness. He only joined Suffolk Social Care in 2004 having worked in Hertfordshire for many years as an ASW and Team Leader, however he quickly made a significant impact. As well as being a Social Worker, Neil had a strong interest in social work education and taught on various training programmes over the years.

Away from work, Neil had a passion for reading [widely] and in listening to diverse music, especially Blues, Jazz and African music. As a younger man, he worked with the VSO in Kenya as well as, later, carrying out some research into mental health services in the Eastern USA. Neil enjoyed travel both as a means of relaxing and also to widen his knowledge about other cultures.

Neil will be sorely missed by his friends & colleagues. *Andrew Dalziel, Head of Social Care*

# Education & Workforce Development

**Introducing you to... the NHS Library.** One of the resources available to support staffs' Education & Workforce Development activities are the libraries based at St Clements Hospital, West Suffolk Hospital and the Ipswich Hospital.



**Tanya McLaven**, Assistant Librarian (above) introduces the resources available within St Clements. The library is based in the Recreation Hall.

The library provides resources and services to local health and social care staff and students in the region. I will be staffing the library at St Clement's on:

Tuesday 9.00am – 11.00am  
Thursday 1.30pm – 3.30pm

A key from St Clement's reception is available to access the library out of staffed hours.

## What services do we provide?

- Computer facilities providing access to the Internet, Microsoft Office for research and private study [SMHP username and password required] and printing facilities are available.
- The library catalogue can be accessed from home and work at: <http://ipswichhospitals.nhs-libraries.com> Five items can be borrowed from any of our library sites St Clements, Ipswich Hospital and Ivry House.
- Register for an NHS Athens account online at <http://www.library.nhs.uk> and follow the Athens Self Registration Link.

Athens <http://www.athensams.net/myathens> provides access from work and home to databases such as PsychInfo, Medline, CINAHL and access to a variety of full text journals such as:

- Journal of Intellectual Disability Research
- Journal of Psychiatric and Mental Health Nursing.

Athens also provides access to a over 400 electronic books, mainly mental health at mylibrary, for example:

- Gelder, 'New Oxford Textbook of Psychiatry.'
- Treasure, 'Handbook of Eating Disorders.'
- Gauthier, 'Management of Dementia.'

If you need any help with Athens registration or you have lost your Athens account details, don't hesitate to contact me.

- A free in-depth literature searching service is available to any member of staff covering databases such as the Cochrane Library.

- Free training sessions are available in searching on-line healthcare information.

- Articles and books not held in stock can be obtained through our Inter-library loan service from both regional and national collections.

If you would like to join the library or need any help contact Tanya. **Tanya McLaven**, Assistant Librarian Tel: 01473 329415 or ext 3415 E-mail: [tanya.mclaven@smhp.nhs.uk](mailto:tanya.mclaven@smhp.nhs.uk) or Ipswich Hospital Library Tel: 01473 702544 [tanya.mclaven@ipswichhospital.nhs.uk](mailto:tanya.mclaven@ipswichhospital.nhs.uk)

## >>> Fast Learners >>>

Two members of staff who started their NVQ 3 in September 2006 have completed the award three months ahead of schedule. Congratulations and well done to **Terasa Russel** from Tasmania Road and **Tracy Jackaman** from Chilton Houses.

# Welcome to Paul Vinters

Paul has recently joined the Trust as a member of the NHS General Management Training Scheme and is to be based with the Trust for a nine month placement running until September 2007. His main areas of responsibility will include working on the constitution and membership strategy in line with the Trusts Foundation Trust application.

Paul says "I have recently returned from Christchurch, New Zealand where I worked for St John Northern Region South Island for three months. Whilst there I was involved with the research for a proposal that would form the first steps to the implementation of an Emergency Care Practitioner service for New Zealand residents. I've brought back with me a wealth of valuable lessons such as the importance of corporate identity commercial operations in an healthcare economy."

Whilst with the Trust Paul aims to have a comprehensive understanding of mental health services in addition to developing a detailed knowledge and understanding of the Foundation Trust application process.

Paul Vinters Tel: 01473 329785  
email [paul.vinters@smhp.nhs.uk](mailto:paul.vinters@smhp.nhs.uk)



Supporting mental wellbeing

**Get you never thought about...**

- ...what Suffolk Mental Health Partnership NHS Trust provides
- ...what voluntary organisations provide
- ...great complementary therapies like massage
- ...hobbies like art, poetry, crafts, photography and more

...well, come and see some demonstrations, take away clever tips and have a try yourself, if you like.

**Thursday 15th March**  
10.30am - 10.30pm

Further details from:  
Sujata Gathani Tel: 01473 329476  
email: [sujata.gathani@smhp.nhs.uk](mailto:sujata.gathani@smhp.nhs.uk)  
or Carol Johnson Tel: 01473 329148  
email: [carol.johnson@smhp.nhs.uk](mailto:carol.johnson@smhp.nhs.uk)

St Clements Sports and Social Club, Foxford Road, Ipswich

Suffolk NHS  
Mental Health Partnership NHS Trust

## "Supporting mental well being" event - 15 March 07

Sujata Gathani, Equality and Diversity Manager; Carol Johnson, Patient and Public Involvement Manager and other staff are planning events to get people involved and aware of the Trust's services, services provided by partnership organisations and how activities and alternative therapies can support mental wellbeing.

The first event is on 15 March, 2007 at the Social Centre, St Clements Hospital 10.30am to evening. Watch out for publicity about this.

An event will be held in Lowestoft in April and one in Bury in May. For more information or to get involved contact:  
Sujata Gathani  
Tel: 01473 329476  
email: [sujata.gathani@smhp.nhs.uk](mailto:sujata.gathani@smhp.nhs.uk)  
or Carol Johnson  
Tel: 01473 329148  
email: [carol.johnson@smhp.nhs.uk](mailto:carol.johnson@smhp.nhs.uk)

## Retirement of George Barnes

Colleagues joined together to say farewell to George Barnes at his retirement presentation in December.

George had worked for the NHS for 34 years and for the Trust for 10 years as a Community Psychiatric Nurse [CPN] and as a Team Manager in Sudbury.

Mark Halladay, who had worked at Sevralls with George, gave a very enlightening and entertaining presentation of George's career in Colchester and Sudbury. George's wife Cheryl and daughter, Danielle, also attended the presentation.

George will be missed by his colleagues but we wish him well in his retirement.

George is planning to work with his wife in her Cognitive Behaviour Therapy [CBT] practice.

*George with his daughter, Danielle, receiving a card and gift from Mark Halladay, Chief Executive.*



**EDITORIAL** If you have an article (and hopefully an accompanying picture/imagery) for inclusion in the next/future edition of Trust Matters, please email it to the editorial team at [trustmatters@smhp.nhs.uk](mailto:trustmatters@smhp.nhs.uk) Telephone 01473 329148 for enquiries. The next deadline for proposed content is 19 March 2007.